

**SECTION:** CERTIFICATION

**SUBJECT:** Eligibility Requirement

**ITEM:** *Women: Clinical*



**Policy** Participants determined eligible for program benefits based on a physical, medical, social, or nutritional need shall meet one or more of the criteria listed below. All risks apply to prenatal, postpartum, and breastfeeding women, unless otherwise noted. Refer to WPM Section 230-10 for information regarding the priority ranks.

**Basis for policy** 7 CFR 246.7 (e)

**Clinical Criteria** The table below includes the clinical criteria to assess nutritional needs of women. The priority levels are indicated for each category of women, and the ISIS code number and corresponding USDA risk code is provided in the far left column for reference. Please see the “WIC Policy Memorandum 98-9, Revision 1, WIC Nutrition Risk Criteria” for more detail regarding the USDA risk codes.

ISIS CODE AND (USDA CODE)	INDICATOR OF NUTRITIONAL NEED AND DEFINITION	PRIORITY FOR PREGNANT WOMEN	PRIORITY FOR BREASTFEEDING WOMEN	PRIORITY FOR NON- BREASTFEEDING WOMEN
<b>C10*</b> (302)	<b>Current Gestational Diabetes Mellitus</b>	I	N/A	N/A
<b>C11*</b> (303)	<b>History of Gestational Diabetes Mellitus</b>	any history  I	most recent pregnancy  I	most recent pregnancy  III
<b>C12*</b> (345)	<b>Current Pregnancy Hypertension</b>	I	N/A	N/A
<b>C14*</b> (336)	<b>Fetal Growth Restriction (FGR):</b> usually defined as a fetal weight < 10 <sup>th</sup> percentile for gestational age.	I	N/A	N/A

\* Condition diagnosed by a physician as self-reported by the applicant/participant/caregiver.

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<b>C15*</b> (301)	<b>Hyperemesis Gravidarum:</b> severe nausea and vomiting to the extent that the pregnant woman becomes dehydrated and acidotic)	I	N/A	N/A
<b>C20</b> (311)	<b>History of Preterm Delivery:</b> ≤ 37 weeks	any history  I	most recent pregnancy with one or more infants still living  I	most recent pregnancy  III
<b>C21</b> (312)	<b>History of Low Birth Weight:</b> ≤ 2500 g or 5 lbs. 8 oz.	Any history  I	most recent pregnancy  I	most recent pregnancy  III
<b>C30*</b> (321)	<b>Fetal Death:</b> ≥ 20 weeks gestation	any history  I	most recent pregnancy I	most recent pregnancy VI
<b>C31*</b> (321)	<b>Neonatal Death:</b> ≤ 28 days after birth	any history  I	most recent pregnancy I	most recent pregnancy VI
<b>C33*</b> (321)	<b>History of Spontaneous Abortion, Fetal or Neonatal Loss: A</b> spontaneous abortion is the spontaneous termination of a gestation at <20 weeks gestation or <500 grams. Any history of fetal or neonatal death or 2 or more spontaneous abortions.	I	N/A	III(b) (most recent pregnancy only)
<b>C44</b> (332)	<b>Closely Spaced Pregnancy:</b> conception before 16 months postpartum	current pregnancy I	most recent pregnancy I	most recent pregnancy VI

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<b>C45</b> (335)	<b>Multifetal Gestation</b>	current pregnancy I	most recent pregnancy I	most recent pregnancy III
<b>C47*</b> (337)	<b>History of a Large for Gestational Age Infant:</b> history of birth weight or ≥9 lbs. (≥4,000 g), or ≥ 90 <sup>th</sup> percentile weight for gestational age at birth	any history I	most recent pregnancy I	most recent pregnancy VI
<b>C48*</b> (339)	<b>History of Birth with Nutrition Related Congenital or Birth Defect:</b> linked to inappropriate nutritional intake (e.g., inadequate zinc, folic acid, excess vitamin A)	any history I	most recent pregnancy I	most recent pregnancy III
<b>C50*</b> (343)	<b>Diabetes Mellitus:</b> Type 1 or 2	I	I	III
<b>C51*</b> (345)	<b>Chronic Hypertension</b>	I	I	III
<b>C52*</b> (352)	<b>Active TB:</b> present within the past 6 months	I	I	III
<b>C53*</b> (346)	<b>Current Renal (Kidney) Disease -</b> includes but is not limited to: <ul style="list-style-type: none"> <li>• pyelonephritis,</li> <li>• persistent proteinuria.</li> </ul> (excluding urinary tract infections involving the bladder)	I	I	III

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<b>C55*</b> (360)	<b>Current Cardio/Pulmonary Diseases</b> - severe enough to affect nutritional status	I	I	III
<b>C56*</b> (342, 354)	<b>Current Gastrointestinal Disorders:</b> diseases or conditions which interfere with intake or absorption of nutrients. They include but are not limited to: <ul style="list-style-type: none"> <li>• stomach or intestinal ulcers,</li> <li>• small bowel enterocolitis and syndrome,</li> <li>• inflammatory bowel disease including ulcerative colitis or Crohn's disease,</li> <li>• liver disease,</li> <li>• pancreatitis,</li> <li>• gall bladder disease,</li> <li>• inflammatory conditions of the small intestines precipitated by the ingestion of wheat in persons with certain genetic makeup (known as Celiac Sprue, Gluten enteropathy, Non-tropical Sprue).</li> </ul>	I	I	III
<b>C57*</b> (344)	<b>Current Thyroid Disorders:</b> hyperthyroid or hypothyroid conditions	I	I	III

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<b>C58*</b> (347)	<b>Current Cancer</b> for which treatment or condition is severe enough to affect nutritional status	I	I	III
<b>C59*</b> (348)	<b>Current Central Nervous System (CNS) Disorders</b> - conditions which affect energy requirements and may affect the individual's ability to feed self; that alter nutritional status metabolically and/or mechanically. These include: <ul style="list-style-type: none"> <li>• epilepsy,</li> <li>• cerebral palsy (CP), and</li> <li>• neural tube defects (NTD) such as spina bifida or myelomeningocele.</li> <li>• parkinsons disease</li> <li>• multiple sclerosis</li> </ul>	I	I	III
<b>C60</b> (371)	<b>Smoking 1:</b> 1-7 cigs/d	I	I	N/A
<b>C62</b> (372)	<b>Drugs:</b> any illegal	I	I	III
<b>C63</b> (371)	<b>Maternal Smoking 2:</b> 7-14 cigs/d	I	I	N/A
<b>C64</b> (371)	<b>Maternal Smoking 3:</b> 15-20 cigs/d	I	I	N/A

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<b>C65</b> (371)	<b>Maternal Smoking 4</b> 21+ cigs/d	I	I	N/A
<b>C72</b> (359)	<b>C-Section in Most Recent Pregnancy</b> (within the past 2 months)	N/A	I	VI
<b>C80*</b> (352)	<b>Severe Acute Infections</b> within last 6 months which affect nutritional status. Includes but not limited to: <ul style="list-style-type: none"> <li>• pneumonia</li> <li>• meningitis</li> <li>• parasitic infection</li> <li>• bronchiolitis (3 episodes/6 month)</li> <li>• rubella</li> <li>• listeriosis.</li> </ul>	I	I	III
<b>C82*</b> (352)	<b>Immunodeficiency or Chronic Infections:.</b> Present within the past 6 months, including: <ul style="list-style-type: none"> <li>• Hepatitis</li> <li>• HIV</li> <li>• AIDS.</li> </ul> (Breastfeeding is contraindicated for women with the above conditions except may be permitted for women with hepatitis).  Hepatitis A: Breastfeeding is permitted as soon as the mother receives gamma globulin.	I	I	III

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<b>C82*</b> (cont.)  (352)	Hepatitis B: Breastfeeding is permitted after the infant receives HBIG (Hepatitis B specific immunoglobulin) and the first dose of the series of Hepatitis B vaccine. Hepatitis C: Breastfeeding is permitted for mothers without co-infection (e.g. HIV)	I	I	III
<b>C84</b> (338)	<b>Pregnant Woman Currently Breastfeeding</b>	I	N/A	N/A
<b>C86*</b> (351)	<b>Inborn Errors of Metabolism:</b> gene mutations or gene deletions that alter metabolism. Including, but not limited to: <ul style="list-style-type: none"> <li>• phenylketonuria (PKU)</li> <li>• maple syrup urine disease</li> <li>• galactosemia</li> <li>• hyperlipoproteinemia</li> <li>• homocystinuria</li> <li>• tyrosinemia</li> <li>• histidinemia</li> <li>• urea cycle disorders</li> <li>• glutaric aciduria</li> <li>• methylmalonic acidemia</li> <li>• glycogen storage disease</li> <li>• galactokinase deficiency</li> <li>• fructoaldolase deficiency</li> <li>• propionic acidemia</li> <li>• hypermethioninemia</li> <li>• medium chain acyl-CoA dehydrogenase (MCAD)</li> </ul>	I	I	III

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<b>C90</b>  (362)	<b>Developmental Delays, Sensory or Motor Delays</b> Interfering with Ability to Eat - restricting the ability to chew or swallow food, or requiring tube feeding. Includes but is not limited to: <ul style="list-style-type: none"> <li>• minimal brain function</li> <li>• feeding problems due to developmental delay</li> <li>• head trauma</li> <li>• brain damage</li> <li>• birth injury.</li> </ul>	I	I	III
<b>C91</b>  (801)	<b>Homeless:</b> A woman who lacks a fixed and regular nighttime residence; or whose primary nighttime residence is: <ul style="list-style-type: none"> <li>• a supervised publicly or privately operated shelter (including a welfare hotel, a congregate shelter, or a shelter for victims of domestic violence) designed to provide temporary living accommodations;</li> <li>• an institution that provides a temporary residence for individuals intended to be institutionalized;</li> </ul>	IV	IV	VI



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<b>C91</b> (cont.)  (801)	<ul style="list-style-type: none"> <li>a temporary accommodation of not more than 365 days in the residence of another individual; or</li> <li>a public or private place not designed for, or ordinarily used as, a regular sleeping accommodation for human beings.</li> </ul>			
<b>C93</b> (901)	<b>Recipient of Abuse</b> within the past 6 months (includes battering or violent physical assaults on women)	IV	IV	VI
<b>C96*</b> (358)	<b>Eating Disorder</b> (e.g., anorexia, bulimia) which is characterized by a disturbed sense of body image and a morbid fear of becoming fat. Symptoms are manifested as abnormal eating patterns including but not limited to: <ul style="list-style-type: none"> <li>self-induced vomiting</li> <li>purgative abuse (e.g. laxative/enema)</li> <li>alternating periods of starvation</li> <li>use of drugs such as appetite suppressants, thyroid preparations, or diuretics</li> <li>self-induced, marked weight loss.</li> </ul>	I	I	III

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<b>C98</b>  (802)	<b>Migrant:</b> categorically eligible women who are members of families which contain at least one individual whose principal employment is in agriculture on a seasonal basis, who has been so employed within the last 24 months, and who establishes, for the purposes of such employment, a temporary abode.	IV	IV	VI
<b>C99</b>  (903)	<b>Entering Foster Care:</b> <ul style="list-style-type: none"> <li>entering foster care system during previous 6 months</li> <li>moving from one foster care home to another foster care home in the past 6 months.</li> </ul> <p>This nutritional risk <u>cannot</u> be used for consecutive certifications while the child remains in the same foster home.</p> <p>It should be used as a sole risk <u>only</u> if careful assessment of the applicant's nutritional status indicates that no other risks based on anthropometric, medical or nutritional risk criteria can be identified.</p>	IV	IV	VI

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<b>C100*</b> (341)	<b>Nutrient Deficiency Disease:</b> diagnosis of a nutritional deficiency or a disease caused by insufficient dietary intake of macro and micro nutrients.  These include but are not limited to: <ul style="list-style-type: none"> <li>• Protein Energy Malnutrition</li> <li>• Scurvy</li> <li>• Rickets</li> <li>• Beri Beri</li> <li>• Hypocalcemia</li> <li>• Osteomalacia</li> <li>• Vitamin K Deficiency</li> <li>• Pellagra</li> <li>• Cheilosis</li> <li>• Menkes Disease</li> <li>• Xerophthalmia.</li> </ul>	I	I	III
<b>C101</b> (331)	<b>Young Teenagers:</b> age $\leq 15$ years at conception	current pregnancy I	most recent pregnancy I	most recent pregnancy VI
<b>C102</b> (331)	<b>Teenagers:</b> age 16 - 17 years at conception	current pregnancy I	most recent pregnancy I	most recent pregnancy VI
<b>C103</b> (333)	<b>High Parity and Young Age:</b> under age 20 at conception, and 3 or more previous pregnancies ( $\geq 20$ weeks gestation)	current pregnancy I	most recent pregnancy I	most recent pregnancy III
<b>C104*</b> (356)	<b>Hypoglycemia</b>	I	I	III

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<b>C105*</b>  (360)	<b>Other Medical Diseases and Conditions</b> with nutritional implications that, alone or as a result of their treatment, are severe enough to affect nutritional status. They include but are not limited to: <ul style="list-style-type: none"> <li>• Juvenile rheumatoid arthritis (JRA)</li> <li>• lupus erythematosus</li> <li>• cystic fibrosis.</li> </ul>	I	I	III
<b>C106*</b>  (349)	<b>Genetic and Congenital Disorders</b> which alter nutritional status metabolically and/or mechanically. Includes but is not limited to: <ul style="list-style-type: none"> <li>• Down's syndrome</li> <li>• cleft lip or palate</li> <li>• thalassemia major</li> <li>• sickle cell anemia (not sickle cell trait)</li> <li>• muscular dystrophy</li> </ul>	I	I	III
<b>C107</b>  (357)	<b>Drug Nutrient Interactions:</b> any use of prescription or over the counter medications that have been shown to interfere with nutrient intake or utilization to the extent that nutritional status is compromised	I	I	III

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<b>C108</b> (424)	<b>Inadequate Vitamin/Mineral Supplementation</b> (e.g., inadequate iron intake, such as a pregnant woman not routinely taking a dietary supplement recognized as essential because diet alone cannot meet nutritional requirements).	IV	IV	VI
<b>C109</b> (423)	<b>Inappropriate or Excess Intake of Dietary Supplements</b> including vitamins, minerals and herbal remedies (e.g., routine ingestion of un-prescribed excessive or toxic: multi or single vitamins, mineral doses, or herbal remedies)	IV	IV	VI
<b>C110*</b> (353)	<b>Food Allergies:</b> an adverse immune response to a food or a hypersensitivity that causes adverse immunologic reaction.	I	I	III

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C111*  (355)	<p><b>Lactose Intolerance:</b> insufficient production of the enzyme lactase which causes an inability to digest lactose. Lactose in dairy products that is not digested or absorbed is fermented in the small intestine producing any or all of the following GI disturbances:</p> <ul style="list-style-type: none"> <li>• nausea;</li> <li>• diarrhea;</li> <li>• abdominal bloating;</li> <li>• cramps.</li> </ul> <p>Lactose intolerance varies among and within individuals and ranges from mild to severe.</p> <p><b>Note:</b> May use the participant's self-reported diagnosis from their physician or symptoms may be well documented by the CPA.</p> <p>Documentation should indicate that the ingestion of dairy products causes the above symptoms and the avoidance of such dairy products eliminates them.</p>	I	I	III

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<b>C112</b> (359)	<b>Recent Major Surgery, Trauma, Burns:</b> <ul style="list-style-type: none"> <li>• within past 2 months severe enough to compromise nutritional status, or</li> <li>• &gt; 2 months if there is continued need for nutritional support diagnosed by a physician.</li> </ul>	I	I	III
<b>C113*</b> (361)	<b>Depression</b>	I	I	III
<b>C114</b> (381)	<b>Severe Dental Problems</b> which impair the ability to ingest food in adequate quantity or quality, including but not limited to: <ul style="list-style-type: none"> <li>• tooth decay</li> <li>• periodontal disease</li> <li>• tooth loss</li> <li>• ineffectively replaced teeth</li> <li>• gingivitis of pregnancy.</li> </ul> <b>Note:</b> May use the participant's self-reported diagnosis from their physician or adequate documentation by the CPA.	I	I	VI

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<b>C115</b>  (372)	<b>Alcohol Use:</b> <ul style="list-style-type: none"> <li>any use</li> <li>routine current use of <math>\geq 2</math> drinks/day</li> <li>binge drinking <math>\geq 5</math> drinks on same occasion on at least one day in past 30 days</li> <li>heavy drinking <math>\geq 5</math> drinks on same occasion on 5 or more days in the past 30 days.</li> </ul> <p>A serving or standard sized <u>drink</u> is: 1 can of beer, 5 oz. wine, or 1/1/2 fluid oz. liquor (1 jigger gin, rum, vodka, whiskey (86 proof), vermouth, cordials or liqueurs).</p>	I N/A N/A  N/A	N/A I I  I	N/A III III  III
<b>C117</b>  (421)	<b>Pica:</b> current or recent craving for or ingestion of nonfood items including: <ul style="list-style-type: none"> <li>clay</li> <li>starch (laundry or corn)</li> <li>dirt</li> <li>ashes</li> <li>paint chips</li> <li>baking soda. (excluding ice)</li> </ul>	IV	IV	VI
<b>C118</b>  (421)	<b>Pica:</b> eating large quantities of ice	IV	IV	VI



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C119  (334)	<p><b>Lack of or Inadequate Prenatal Care:</b> beginning after 1<sup>st</sup> trimester or based on the Inadequate Prenatal Index such as the one by Kessner et al:</p> <table><tr><td><b>Weeks of Gestation</b></td><td><b>No. of Prenatal Visits</b></td></tr><tr><td>14-21</td><td>0 or</td></tr><tr><td>unknown</td><td></td></tr><tr><td>22-29</td><td>1 or</td></tr><tr><td>fewer</td><td></td></tr><tr><td>30-31</td><td>2 or</td></tr><tr><td>fewer</td><td></td></tr><tr><td>32-33</td><td>3 or</td></tr><tr><td>fewer</td><td></td></tr><tr><td>34 or more</td><td>4 or fewer</td></tr></table>	<b>Weeks of Gestation</b>	<b>No. of Prenatal Visits</b>	14-21	0 or	unknown		22-29	1 or	fewer		30-31	2 or	fewer		32-33	3 or	fewer		34 or more	4 or fewer	I	N/A	N/A
<b>Weeks of Gestation</b>	<b>No. of Prenatal Visits</b>																							
14-21	0 or																							
unknown																								
22-29	1 or																							
fewer																								
30-31	2 or																							
fewer																								
32-33	3 or																							
fewer																								
34 or more	4 or fewer																							
C121  (902)	<p><b>Woman</b> (pregnant, breastfeeding, or non-breastfeeding) <b>Assessed to have a Limited Ability to Make Feeding Decisions and/or Prepare Food</b> Examples may include individuals who are:</p>	IV	IV	VI																				

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<b>C121</b> (cont.)  (902)	<ul style="list-style-type: none"> <li>• <math>\leq 17</math> years of age</li> <li>• mentally disabled/delayed and/or have a mental illness such as clinical depression (diagnosed by a physician or licensed psychologist)</li> <li>• currently using or having a history of abusing alcohol or other drugs.</li> <li>• Physically disabled to a degree which restricts or limits food preparation abilities.</li> </ul>			
<b>C122*</b> (360)	<b>Persistent Asthma</b> (moderate or severe): current condition requiring daily medications and severe enough to affect nutritional status	I	I	III
<b>C201</b> (602)	<b>Cracked &amp; Bleeding Nipples</b>	N/A	I	N/A
<b>C202</b> (602)	<b>Persistent Sore Nipples</b>	N/A	I	N/A
<b>C203</b> (602)	<b>Mastitis</b> (breast infection)	N/A	I	N/A
<b>C204</b> (602)	<b>Flat or Inverted Nipples</b>	N/A	I	N/A
<b>C205</b> (602)	<b>Recurrent Plugged Ducts</b>	N/A	I	N/A
<b>C206</b> (602)	<b>Failure of Milk to Come in by 4 Days Postpartum</b>	N/A	I	N/A

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<b>C208</b> (602)	<b>Severe Breast Engorgement</b>	N/A	I	N/A
<b>C209</b> (602)	<b>Tandem Nursing</b>	N/A	I	N/A
<b>C210</b> (602)	<b>Breastfeeding Woman <math>\geq</math> 40 Years Old</b>	N/A	I	N/A
<b>N32</b> (601)	<b>Breastfeeding a WIC Infant at Nutritional Risk</b>	N/A	I, II or IV Both the breastfeeding woman and her breastfed infant must be assigned the same, highest priority for which either is eligible.	N/A

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